



# School District of Beloit Head Start Breakfast Menu

November 2018

<p><b>29</b></p> <p>Cheerios</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>30</b></p> <p>Yogurt</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>31</b></p> <p>Rice Krispies</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>1</b></p> <p>Blueberry Muffin</p> <p>100% Fruit juice Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>2</b></p> <p>No School</p>
<p><b>5</b></p> <p>Coco Frosted Mini Wheats</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>6</b></p> <p>Blueberry Muffin</p> <p>100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>7</b></p> <p>Cream Cheese Bagel</p> <p>Fresh Fruit 100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>8</b></p> <p>Yogurt</p> <p>Fresh Fruit Choice Of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>9</b></p> <p>Rice Krispies</p> <p>Fresh Fruit Choice Of 1% Unflavored Milk Unflavored Skim Milk</p>
<p><b>12</b></p> <p>Chex</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>16</b></p> <p>Cream Cheese Bagel</p> <p>100 % Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>17</b></p> <p>Yogurt</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>18</b></p> <p>Rice Krispies</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>19</b></p> <p>Frosted Mini Wheats</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>
<p><b>19</b></p> <p>Cheerios</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>20</b></p> <p>Yogurt</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>21</b></p> <p>No School</p>	<p><b>22</b></p> <p>No School</p>	<p><b>23</b></p> <p>No School</p>
<p><b>26</b></p> <p>Coco Frosted Mini Wheats</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>27</b></p> <p>Cheerios</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>28</b></p> <p>Rice Krispies</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>29</b></p> <p>Yogurt</p> <p>Fresh Fruit Choice of 1% Unflavored Milk Unflavored Skim Milk</p>	<p><b>30</b></p> <p>Blueberry Muffin</p> <p>100% Fruit Juice Choice of 1% Unflavored Milk Unflavored Skim Milk</p>

**Start your day off right  
Enjoy a FREE breakfast daily!!!**

**More info...**  
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